Overall Neuropathy Limitations Scale

The Overall Disability Sum Score (ODSS) was the first scale designed to assess the limitations of patients with immune-mediated peripheral neuropathies. The ODSS focuses on upper and lower limb functions, and consists of a checklist for interviewing patients. The ODSS has showed reliability, responsiveness and construct validity in people with Guillain-Barré syndrome, chronic inflammatory demyelinating polyneuropathy and paraprotein-associated demyelinating neuropathy. To reduce a possible ceiling effect, the ODSS was modified slightly to include climbing stairs and running. This new measure is called the Overall Neuropathy Limitations Scale (ONLS). The *Criteria* requires that this scale be completed by adding the total of the Arm scale score (0-5) and Leg scale score (0-7) yielding a total score of 0-12.

To evaluate a change in disability on patient review an Adjusted ONLS is recorded. The adjusted score is identical to the ONLS disability score except for the exclusion of changes in upper limb function from 0 to 1 or from 1 to 0, because these changes have not been judged to be clinically significant in all patients. All other 1-point steps in either the arm or leg scale represent clinically meaningful changes in disability.

Overall Neuropathy Limitations Scale

Instructions: The examiner should question **and** observe the patient in order to determine the answers to the following questions. Note should be made of any other disorder other than peripheral neuropathy which limits function.

Arms Scale				
Does the patient have any symptoms in their hands or arms, e.g. tingling, numbness or weakness? (if no, go to legs section)	,	Yes	No	
Is the patient affected in their ability to:	Not affected	Affected b		Prevented
Wash and brush their hair				
Turn a key in a lock				
Use a knife and fork together (or spoon, if knife and fork not used)				
Do or undo buttons or zips				
Dress the upper part of their body excluding buttons or zips				
If all these functions are prevented can the patient make purposeful movements with their hands or arms?	Yes No Not applicab		olicable	

Arms grade score

- 0 = Normal
- 1 = Minor symptoms in one or both arms but not affecting any of the functions listed
- 2 = Disability in one or both arms affecting but not preventing any of the functions listed
- 3 = Disability in one or both arms preventing at least one but not all functions listed
- 4 = Disability in both arms preventing all functions listed but purposeful movement still possible
- **5** = Disability in both arms preventing all purposeful movements

Legs Scale			
	Yes	No	Not applicable
Does the patient have difficulty running or climbing stairs?			
Does the patient have difficulty with walking?			
Does their gait look abnormal?			
How do they mobilise for about 10 metres (i.e. 33 feet)?			
Without aid			
With one stick or crutch or holding to someone's arm			
With two sticks or crutches or one stick or crutch holding onto someone's arm or frame			
With a wheelchair			
If they use a wheelchair, can they stand and walk 1 metre with the help of one person?			
If they cannot walk as above are they able to make some purposeful movements of their legs, e.g. reposition legs in bed?			
Does the patient use ankle foot orthoses/braces? (If yes, please indicate, Right or			

			Yes	No	Not applicable
eft)					
Legs grade score					
0 = Walking/climbing stairs/r	unning not affected				
1 = Walking/climbing stairs/r	unning is affected, but gait	does not look abnormal			
2 = Walks independently but	gait looks abnormal				
3 = Requires unilateral supp	ort to walk 10 metres (stick	k, single crutch, one arm)			
4 = Requires bilateral suppo	rt to walk 10 metres (sticks	s, crutches, crutch and arn	n, frame)		
5 = Requires wheelchair to to	ravel 10 metres but able to	stand and walk 1 metre v	vith the help	of one person	
6 = Restricted to wheelchair,	unable to stand and walk	1 metre with the help of o	ne person, b	ut able to mak	e some purposeful leg
movements					
7 = Restricted to wheelchair	or bed most of the day, dif	lable to make any purpose	Jul Hovelle	ins of the legs	
sthere any disorder, other than punctions? If Yes, please describe				Yes	No
·		5.00 00 17 11 11			
verall Neuropathy Limitation	Scale Score				
rm scale score (0 to 5)	5	Leg scale so	core (0 to 7))	7
ange: 0 (no disability) to 12 (ma	ximum disability).				
	• ·	4.0			
otal ONLS score (please enter	into BloodSTAR):	12			
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